



## THE IMPORTANCE OF MOTIVATION IN LEARNING A FOREIGN LANGUAGE

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**ABSTRACT:** In this article, you can get tips on how to increase motivation while learning a language. Moreover, you can find solutions to a number of mental problems you face while learning a language.

**KEYWORDS:** learning a language, motivation, goal, multiple languages, speaking fluently, positive way, unusual method

### 1. INTRODUCTION

One of the most important questions for everyone who is learning English is how to maintain their motivation for learning English. To tell the truth, it is impossible to do anything from start to finish without motivation. Everybody can find motivation to learn English. You should learn a foreign language through lessons which are good and fun for yourself. In any case, no matter how simple action, this is very important for you to learn language and find motivation.

Another hurdle is lack of desire to learn English. Namely, a situation like this occurs when you are dissatisfied with a number of language teachers in the school. They may have convinced you that you can't, or they may have caused that you are bored with language you like by giving you boring tasks. As a result, now you may not even want to learn any language at all. In general, learning language takes a certain amount of time.

For example, if you are interested in the exact or natural sciences, you can greatly expand your knowledge by learning German, English, or another world languages. There is also a lot of useful information written in these languages. With this approach, language becomes a tool, not a goal.

Every now and again, everyone is lazy when they are doing something. Fighting laziness is hard, but possible. In this case, you should know about your goals and desire clearly.

It is known that motivation cannot be constant and equal in the long run. To maintain motivation in learning language for a long time, learn the language in more variety, namely, in the style you want. Expand the boundaries of language use: read, watch videos, listen, sing songs in that language, and so on. A language learner sometimes takes on too many responsibilities, in fact more than he or she can accomplish. And eventually the person throws everything away or starts to get bored of them. Therefore, it is very important to constantly determine the minimum time you need

for yourself. In this case, the level of language increases naturally over time. For example, spend 2 hours to learn a foreign language, but every day.

### 1. MAIN PART

On the one hand, in any field discipline is necessary to complete the work started. On the other hand, work done without a purpose seems to be in vain.

Really everybody should do everything willingly. You don't have to force yourself. Energy is not spent on inner struggle, self-struggle, but striving for a goal. With this approach, you will always enjoy not only the result of your efforts, but also the process.

How to maintain the desire to learn English? For many of our language learners, the main thing is practice. Communication, reading, watching movies and listening songs in the language you are learning are an integral part of the learning process. Because when you recognize a word or a phrase, when you are able to speak or write something in another language, you have a desire to act. If you do more tasks than you can, you will achieve the exact opposite result. Instead of continuing, your motivation may decrease.

Most people learn English, German, French, Chinese or a number of other foreign languages in order to find a very good job with a high salary and a very good prospect. In such a situation, there are good reasons for a person to learn a language. The first is that there is a desire, the second is that you don't like learning the language. Then you will be forced to learn to some extent.

In the first case, you will need to be reminded that you are doing it in order to maintain motivation in the process of learning language. You really love English - the goal is clear.

In the second case, it is useful for you, but you have no desire to do it.

We say "Lessons should be fun" or "Lessons should be important", all of which point to a problem but no definite solution to the problem has been found. I'm not talking about your desire to learn a language or other languages, but I'm talking about a constant passion, which is different from your abstract desire to learn a language.

For example, people who play computer games always face game difficulties. They go further by overcoming the challenge, rising to a new level. They just want to play more. Every step forward brings them closer to new places and new stages, new emotions.

Another example: young children learn to ride a bicycle. Children learn until they succeed. They will fall, they will hurt themselves, bruises will appear, but even so, they persistently continue to learn again with their will. Nobody force them. Eventually they achieve their goals.

A person's motivation and interest can change, and new things are constantly added to it. A student at school didn't like chemistry at all, and as a result of a change chemistry teacher in 11th grade, afterwards that student is taught more about chemistry than before with unusual method. Eventually, mass of students may be interested in chemistry and it may be a hobby in the lives of those students.

When you do something voluntarily without any duty, you will get a good result. This can only be achieved with constant passion. If the activity is entertaining enough, then we will do everything we can to move forward.

We learn more while talking, listening, reading, writing. It is unlikely that homework will always be done with the same efficiency. If homework is boring, language learners can be distracted by other interests.

Because we are always taught to pay attention to the education, a great deal of language learners pay less attention to what inspires them. For more people, it is much more fun to learn a language by watching movies or listening to different music. As Steve Jobs said, engage yourself in what interests you. Then learning language is much more effective.

For some reason, someone starts learning English and can communicate with it quickly, and someone learns English for years, but to no avail. The secret is simple, the reason is motivation.

So, if you decide to learn English, ask yourself: Why do you need English?

You can have enrolled on the best courses. But "Why do I need this?" it makes no sense until you clearly define the answer to the question. Only if you have a clear will, it motivate you to overcome difficulties. Learning a language takes time and intellectual strength, which our lazy brains don't like very much and look for any excuse to avoid them.

In fact, there are only two reasons why people learn languages successfully - these are practical benefits (language, for example, to get a well-paid job, move to another country, go to university, travel frequently) or enjoy overcoming difficulties and achieving a goal (when you dream of speaking fluently, interacting with people from other countries, watching movies, or reading an original book). But in general, it all depends on your interests and field of activity.

Only a big goal (e.g. to start speaking fluently) takes a lot of time. "Understanding the films in the original language, speaking fluently" is very difficult because it takes more than a month. So just "one day" almost always means "never". Therefore, in order to achieve a big goal, it is necessary to divide the time into small stages and set approximate dates for each stage.

Just as sport affects a person's physical development, the introduction of bilingualism affects the functioning of our brain.

Bilingualism has a positive effect on the structure of the brain. Thus, it is beneficial to learn a foreign language on a regular basis, because each new language gives you a perfect memory. Learning language is much easier than before. It allows your brain to remember and store more information.

By learning foreign languages, a person can achieve great things among his peers and colleagues. Studies show that people who can speak multiple languages are more capable: for example, effective analysis, problem-solving, and so on.

Improving linguistic skills develops a person's ability to concentrate and knowledge. So, you use speech mechanisms to speak another language. Thus, a person who knows many foreign languages improves the ability to pay attention all details.

If the above reasons are not enough to learn a language, expand your imagination. Imagine traveling around the world, knowing the language of the country you want to visit, communicating freely with people. This is useful for you to know a new culture or change your worldview. It also gives you motivation.

Many parents want their children to speak English fluently. To do this, you must find ways to encourage the child to learn and make the process fun.

You know, many of the characters in children's favorite cartoons speak English. Your child should watch the cartoons that have already been translated. If the child watch cartoons that he/she has seen in mother language before in the original language (English, Russian or other language), the child will have a better understanding of their content, and this will help to improve the language. Also explain that people all over the world speak different languages but they can speak English to

each other because it is an international language. Knowing English will be useful when traveling to different countries and it will help you to make many new friends.

Choose a motivation system to teach your children. You can't easily explain how useful English is for a child in the future. Start playing a variety of interesting games with your child using a funny English dictionary. Promise to give the child a gift or reward at a certain stage of education.

Although the child may sometimes have an interest in English, he or she does not express his or her desire and does not require learning. We should awaken an interest for learning language, which makes the learning process constant. At the same time, you should not put pressure on the child and overload him/her with a large amount of data. When a toddler is in a good mood, it is better to teach a little information every day and do it in a positive way.

Start learning English with your child. Watch cartoons and use all the familiar words in your daily life. Gradually make English a part of your daily communication. You can ask them to bring water, throw trash, or clean toys in English. The most repetitive words in the family should be actively used for this activity.

You can draw the words learned with the child on the cards and practice your memory. Repeat the words and phrases learned, then hide one or two cards and the child try to find out which drawings are missing. Remember to praise and encourage him/her for small achievements in learning.

In that case, don't get nervous and ignore it if something doesn't work. If at the initial stage the child is only interested in watching English cartoons or reading fairy tales, textbooks causes dissatisfaction, do not force them too much and demand everything at once. Do what the child likes.

English is a language of communication used by more than a quarter of the world's population every day. We all know that learning this language opens up many opportunities in life: at work or studying abroad, in a new high-paying position, or traveling the world.

Now let's look at the benefits of learning language:

First, learning a foreign language improves brain activity. Studies have shown that people who speak two or more languages have a more sensitive, resilient, and excellent memory.

The second is that best movies in the world, songs by bands and TV shows - in English. When you watch your favorite series or shows for the first time without dubbing or without subtitles, it's a great feeling.

And finally, thirdly, knowing English allows you to travel freely around the world and at the same time feel comfortable.

To force yourself to learn English at home, you first need to know why you use it in life. The clear goal is to be motivated to learn English.

Many parents believe that children should be forced to learn foreign languages. Such an approach is a thought of the past, as the result of it does not lead to good things and in addition can lead to a child's hatred of English.

How to find motivation to learn English?

Everyone knows that learning English is a very long, arduous process and it requires a lot of time, mental strength and most importantly patience. For knowing this foreign language perfectly, a person needs constant motivation.

In order to succeed in any endeavor and not give up on that success, everyone needs a specific reason and a certain motivation. And it motivates them to continue to do all they can to achieve the highest goals.

On a piece of paper, "English. 30 minutes. Every day." Stick this paper to a wall. To achieve this goal, you need to keep it in mind at all times. There may also be a picture of English-speaking cities, such as Las Vegas, London, Washington, and so on. You can also make your room look like an English room. Then you start thinking like the English, and you can get a motivation.

Learning a language with a close friend or relative who wants to speak English fluently will give better outcomes and excellent motivation. The competition will not be superfluous to make learning English more interesting.

Don't wait until you reach your goal to be proud of yourself. Be proud of every step you take.

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